

**JOIN US ON JUNE 15 FROM
10:00AM-12:00PM FOR A FREE
VIRTUAL TRAINING ON:**

GENDER AND SEXUAL DIVERSITY: EXPANDING INCLUSION AND PROMOTING RESILIENCE

Presented by Sara M. Williams,
CSW, MSSW

Sara Williams (she/her) is a certified social worker in the state of Kentucky and has been practicing clinically since 2016. She is currently a PhD student working on her dissertation. Her areas of expertise are suicide prevention and gender and sexual diversity and her work in these areas has been published. Sara teaches graduate social work classes, assists in course development, and regularly guest lectures with the Kent School of Social Work at the University of Louisville. She provides suicide prevention trainings for community members through the Louisville Mayor's Office for Safe and Healthy Neighborhoods and works closely with the State Suicide Prevention Coordinator on suicide prevention efforts. Sara also serves on suicide prevention and diversity boards and committees with the American Foundation for Suicide Prevention, the American Association of Suicidology, Trauma-Resilient Communities, and the University of Louisville. As a loss survivor with lived experience of suicide, Sara is determined to spread knowledge and hope wherever possible. Her goal is to promote a world of inclusion, connection, and safety for everyone.

To register, click here:

https://zoom.us/meeting/register/tjUtcuyhpz8vHtSIU8p-gB2rAXDy9VYeD_N7

Gender and sexual diversity may be discussed more and more now, but that doesn't mean everyone understands it in the same way.

This workshop will orient participants to key terms, concepts, and language related to gender and sexual diversity. It will also provide information regarding prevalence of gender and sexual diversity across various populations (specifically among youth, young adults, and older adults). Individuals with diverse gender and sexual identities experience negative social, mental health, and physical health outcomes. This workshop will identify and discuss methods to increase inclusion and provide affirming care. Cultivating a culture of safety and acceptance is essential to building resilience and saving lives.